



2020 NEW YOU CHALLENGE: JAN. 20th - APR. 19th

CORE Health WEEKLY TRACKER

WEEK OF: _____

MY GOAL THIS WEEK: _____

			MON	TUE	WED	THU	FRI	SAT	SUN	TOTAL
ORDER	Order monthly BulaFIT supply <small>(minimum \$100 product order, once a month)</small>	100 pts>							yes or no or not yet
FORTIFY	Take GT Essentials	2 pts.	X	X	X	X	X	X	X	
	Take 2 other wellness products	2 pts.	X	X	X	X	X	X	X	
HYDRATE	Stay Bula-hydrated all day <small>(3 Bula bobbles of water or 60 oz. of water)</small>	1 pt.	X	X	X	X	X	X	X	
	Take GT Fusion	2 pts.	X	X	X	X	X	X	X	
	Drink 1 other hydration product	1 pt.	X	X	X	X	X	X	X	
CONNECT	Post on the BulaFIT Facebook group once or more this week	5 pts.>							
	Post about BulaFIT on personal social media once or more this week	5 pts.>							
	Watch Dr. JeNeen Ridgeway's CORE Health broadcast* OR Blake Graham's Wellness webinar*	5 pts.	X	-	X	-	-	-	-	
	Watch BulaFIT LIVE!*	5 pts.	-	-	-	-	X	-	-	
TEAM	Communicate daily with your team	2 pts.	X	X	X	X	X	X	X	
	Attend your weekly team call	10 pts.>							

* For details on corporate weekly broadcasts, webinars and LIVE events, see wakayablog.com/calls

Remember to visit www.bulafitwarrior.com and complete your weekly check-in!

