



Suggested Use: Mix one packet with 16 ounces of cold water.

Q SPORT

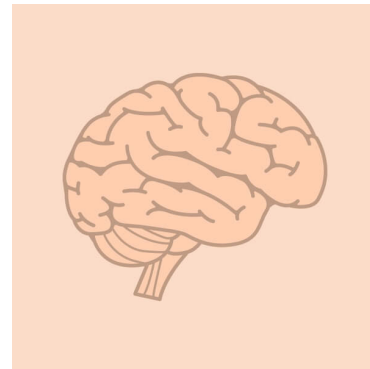
A well-balanced blend of natural sources of caffeine, chia seed oil, amino acids, and supportive nutrients that fuel all-day healthy energy to your brain and throughout your body for better mental and physical performance.*



Yerba Mate & Guarana Extract:
Natural source of caffeine that delivers long-lasting energy*



Chia Seed Oil:
Excellent source of natural energy, essential omega fatty acids, and antioxidants*



Brain Fuel Blend:
DMAE, L-Tyrosine, and Choline Bitartrate ensure proper brain function and health*



SUPPLEMENT FACTS

Serving Size: 1 stick pack (4 grams)
Servings Per Container: 30

Amount Per Serving	% Daily Value*
Calories 14	Calories from fat 2
Total Fat	<1 g <1%
Saturated Fat	<1 g 0%
Trans Fat	<1 g 0%
Cholesterol	0 mg 0%
Sodium	33 mg 1%
Total Carbohydrate	2 g <1%
Sugars	0 g **
Fiber	0 g 0%
Protein	1 g 2%

Q SPORT Brain Fuel Blend 2,100 mg **
Chia seed oil powder, Acetyl L-carnitine, Inositol, Choline bitartrate, L-Tyrosine, Malic acid, DMAE (Deanol L-bitartrate), L-theanine, Himalayan salt, D-ribose, Bacopa monnieri 50%

Q SPORT Energy and Focus Blend 1,100 mg**
L-Citrulline, Agmatine Sulfate, Caffeine, Yerba Mate Extract, Guarana 22%, Thiamine HCL
Vitamin B1 (as thiamine HCL) 5 mg 333%
Niacin (as niacinamide) 25 mg 125%
Vitamin B6 (as pyridoxine HCL) 5 mg 250%
Zinc (as zinc L-aspartate) 5 mg 33%

*% Daily Value (DV) based on a 2,000 calorie diet.
**Daily Value (DV) not established.

BENEFITS

- Boost physical and mental energy*
- Increases nitric oxide for enhanced blood flow*
- Reduces muscle soreness after a workout*
- Improves mood and enhances cognitive function*
- Contains 200 mg of natural caffeine per serving*

Other Ingredients: Citric Acid, Natural Flavors, Spirulina Powder, Beet Root Powder (Natural Color), Sucralose, Stevia Extract, Monk Fruit.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.

