



**Suggested Use:** Take one capsule daily. For extra support, take up to 3 capsules per day.

## Q BIOTICS TOTAL

Contains an incredibly sturdy, healthy bacteria that survives extreme heat, cold and acidity — naturally. This soil-sourced spore probiotic is enhanced with an exclusive prebiotic herbal blend and soluble fiber to provide a gentle detox and help normalize digestive issues.\*



**Bacillus Subtilis:**  
May improve immunity and provide relief for UTI, IBS, and Diarrhea\*



**Bacillus Coagulans:**  
Helps provide relief for constipation, bloating, IBS, and lactose intolerance symptoms\*



**EXCLUSIVE Blend:**  
Fenugreek, Triphala Extract, Chicory Root Fiber, Aloe Vera Leaf, and Slippery Elm Bark

- VEGAN
- GLUTEN FREE
- GMO FREE
- SOY
- ID TESTED INGREDIENTS
- eGMP CERTIFIED

Supplement Facts		
Serving Size: 1 Capsule Servings Per Container: 30		
Amount Per Serving	%Daily Value	
<b>Proprietary Blend</b>	68.5 mg (7 Billion Organisms)	**
LactoWise® (Probiotic: Bacillus Coagulans MTCC 5856, Prebiotic: Soluble Fenugreek), Opti-Biome® (Probiotic: Bacillus Subtilis MB40).		
Triphala Extract (Fruit) (Blend of Terminalia bellerica, Terminalia chebula & Emblica officinalis (1:1:1)), Chicory Root Fiber (Inulin), Aloe Vera (Leaf), and Slippery Elm (Bark).		
** Daily Value not established.		

### BENEFITS

- Normalizes intestinal flora\*
- Helps to relieve digestive discomfort such as gas and bloating\*
- May enhance immune functions\*
- Helps improve mineral absorption\*
- Shown to provide competitive inhibition of bad bacteria\*
- May provide relief of lactose intolerance symptoms\*
- Assists in breaking down food\*

**OPTI-BIOME** **LACTOWISE**  
Opti-Biome® is a registered trademark of BIO-CAT Microbials, LLC. LactoWise® is a registered trademark of Sabinsa Corporation.

**Other Ingredients:** Rice Flour, Vegetable Capsules, Rice Flour Extract.

**Warning:** Keep out of reach of children. If you are pregnant, nursing or taking prescription medications, consult your health care provider prior to use. In case of accidental overdose, call a doctor or poison control center.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.

