

Through a tropical explosion of flavor, M's SOUL•stik permeates goodness with natural plants like Siberian Ginseng, Yerba Mate and Ginkgo Biloba to give you clarity and brighten your soul.



Wake up on the wrong side of the bed? Well, put down the donut, walk away from the cereal. Start your day off right, with hydration and nutrients that will make you feel much better than processed sugar and carbs. Soul Stik is made with natural ingredients that work hard to boost your mood, enhance your energy, and make you feel calm and collected. Make every morning the right side of the bed.

LET'S CHECK OUT WHAT **SOUL•stik** CAN DO FOR YOU. 

- ENHANCES MOOD
- ZERO SUGAR
- BOOSTS MENTAL ACUITY
- UNRIVALED TASTE



MOOD ENHANCER

tropical fruit

30 stiks per box

GINKGO BILOBA LEAF EXTRACT

This ancient herb enhances oxygen utilization in the brain, improving concentration and memory. It's a brain regulator: it helps blood flow to the brain, delivering that oxygen, which in turn helps to banish brain fog, depression and anxiety.

YERBA MATE

A botanical that is not only packed with antioxidants that help your body destroy nasty free radicals, it's also packed with nutrients, natural caffeine, and has been known to have a euphoric effect on your mood. Which everyone could use first thing in the morning.

SIBERIAN GINKO

This herb is essential for maintaining good health and stimulating your body's ability to resist stress. Regular use has been shown to improve memory and enhance energy. All combined, these benefits work hard to keep you relaxed throughout your day.

GUARANA

A natural appetite suppressant that doesn't leave you feeling nauseous. It increases your metabolism and energy. Getting you feeling awake and peppy.

GREEN TEA

Used in medicine for centuries, green tea has powerful antioxidants that help regulate mood and serotonin levels, which help you fall asleep easier and sleep more peacefully. It helps fight off inflammation, and the caffeine improves mood, energy, and brainpower.

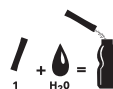
ELECTROLYTES

These regulate your enzymes, helping with energy production, nervous system function, and balancing brain chemicals. They positively charge your mood, energy, and mental clarity.

HYDRATION!

Water and hydration are a critical part of your general health and well being. When you wake up you've gone without water for eight hours. Drinking water, with essential nutrients in it, first thing in the morning will not only hydrate you and lubricate your system, but your body will quickly soak up those nutrients, utilizing them as quickly as you can make breakfast.

Soul • stik



Mix ONE M•stik w/16oz of water.

Nutrition Facts		
Serving Size 1 Stick (3g) Servings Per Container 30		
	Amount Per Serving	% DV*
Calories	5	
Vitamin C	350 mg	†
Niacin	20 mg	†
Total Carbohydrates	1 g	†
Magnesium	17 mg	†
Sodium	260 mg	†
Caffeine	7 mg	†
Proprietary SOUL™ Blend:	210 mg	†
Eleuthero (Siberian Ginseng) Root Extract, Yerba Mate Leaf Extract, Ginkgo Biloba Leaf Extract, Guarana Extract, Elderberry Extract.		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
† Daily Value not established		

OTHER INGREDIENTS: citric acid, natural flavor, malic acid, sucralose, monopotassium phosphate, gum arabic, natural color, red beet color, choline bitartrate.

Vegan friendly. Gluten free. Soy and dairy free.

These statements have not been evaluated by the food and drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

